

Rideworks use angular contact bearings in our BB's of this type, angular contact (A/C) bearings require some preload,

The torque numbers for A/C bearings should be 12-26 inch lbs, or 1.2 - 3 Nm. This is roughly twice the normal radial bearing torque numbers.

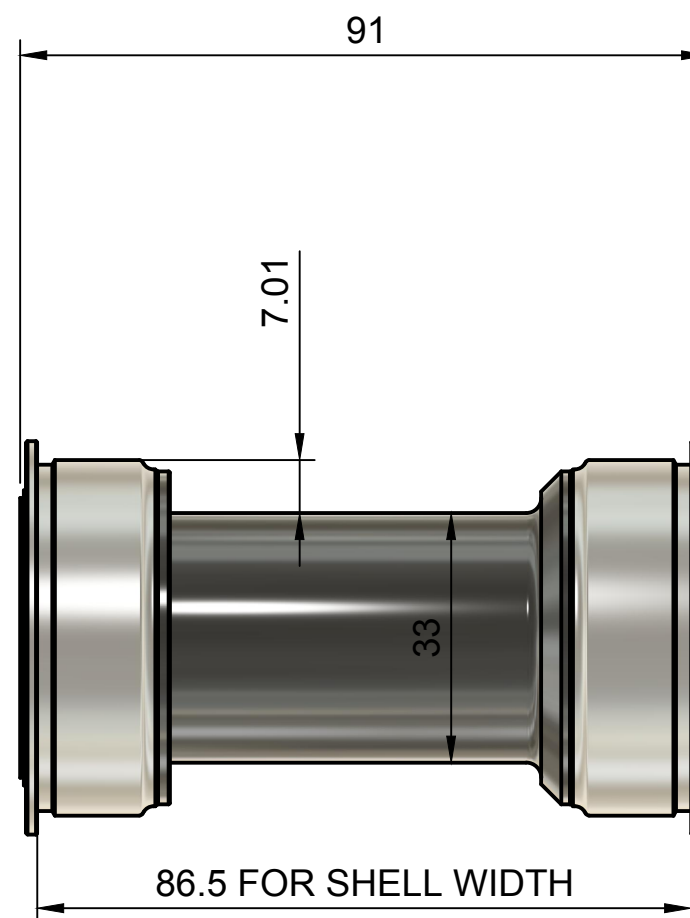
This can be achieved by the torque ring or torque nut on a Shimano or similar crank system, or with a light (0.4 mm) wave washer completely flattened after the cranks are torqued onto the spindle to manufacturer specifications

INSTALL:

Apply a small amount of grease to threads before install.

Support seal when pushing crank spindle through to prevent seal popping out on other side.

TOOL ENDURO PF30



Dept.	Technical reference	Created by Rideworks	05/03/2018	Approved by
		Document type	Document status	
		Title T47 30i ASS	DWG No.	
Rev.	Date of issue	Sheet	1/1	