

FOR FRAME WITH T47SHELL ONLY

Rideworks use angular contact bearings in our BB's of this type, angular contact (A/C) bearings require some preload,

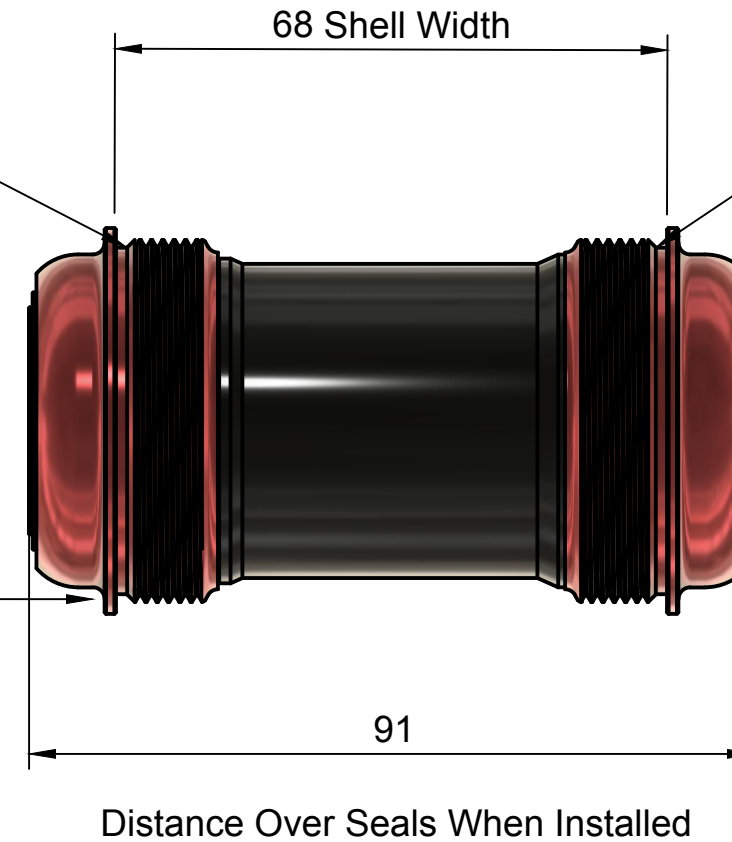
The torque numbers for A/C bearings should be 12-26 inch lbs, or 1.2 - 3 Nm. This is roughly twice the normal radial bearing torque numbers.

This can be achieved by the torque ring or torque nut on a Shimano or similar crank system, or with a light (0.4 mm) wave washer completely flattened after the cranks are torqued onto the spindle to manufacturer specifications

NDS No Spacer Required

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NOTE:
Only use this face when pressing out the bearing




INSTALL:

- Standard Shimano Type
- Apply a small amount of grease to threads before install.
- Support seal when pushing crank spindle through to prevent seal popping out on other side.

Bearing Change:

when swapping out the bearing do not support the shell on its end face, this could cause the seal groove to be deformed when pressing out the bearing. Always support on the face indicated, using an appropriate support or use the RW tool.

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